

Here are this term's offerings:

MULTIFAITH MYSTICS

Facilitator: Harold Rosen

Tuesdays, 7-9pm in Fireside Room

\$105 for the whole course or \$15 per drop in

The Quest for Oneness takes many forms. This Quest reflects varying historical settings, religious heritages, and distinctive spiritual experiences – yet universals seem discernible in these diverse paths of ascent. In this course, we survey the lives and teachings of influential mystics from wide-ranging traditions. What visions did they feel compelled to share? How were their teachings similar and different? How did they affect their times? Is an evolutionary trend traceable across the ages? What guidance do the great mystics bring us today?

1 – Jan 12, 2010 – Introduction & Native Mysticism: Black Elk & the Medicine Wheel

2 – Jan 19 – Chinese Mysticism: Lao Tzu & Chuang Tzu

3 – Jan 26 – Classical Greek Mysticism: Plotinus & the Circle of Existence

4 – Feb 2 – Jewish Mysticism: Kabbalah, Luria & Baal Shem Tov

5 – Feb 9 – Hindu Mysticism: Sankara & Ramanuja

6 – Feb 16 – Buddhist Mysticism: Nagarjuna & Asanga

7 – Feb 23 – Christian & Unitarian Mysticism: Dionysius, Eckhart & Emerson

8 – Mar 2 – Islamic Mysticism: Ibn Arabi & Rumi

9 – Mar 9 – Conclusion & Baha'i Mysticism: 'The Eye to Past Ages'

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The Unitarian Church of Vancouver Adult Religious Exploration committee wishes to sincerely thank all of our facilitators who are so generously sharing their time and energy with us.



www.vancouver.unitarians.ca

**Adult Religious
Exploration**

Winter/Spring 2010
Brochure

To Register:
Call the Church office
at
(604) 261-7204

SUSTAINABILITY 101: What is it? And What does it have to do with me?

Facilitator: Alexandra Henriques
Thursday, April 22nd, 7 to 9:30pm
Fireside Room
\$20 for facility/materials
(subsidies available)

Adults are feeling overwhelmed by all the contradictory information about the environment in the media. This is an introduction to the issue of sustainability. The objectives of this workshop are to help participants get their bearings, and to be able to understand the issues from the roots up, to then be able to make the best informed decisions for themselves and their families. Register by calling the church office.



SUSTAINABLE LEISURE

Facilitator: Alexandra Henriques
Tuesday, May 4th, 7 to 9pm
Fireside Room
\$20 for facility/materials
(subsidies available)

This is an opportunity for interested participants already somewhat aware of sustainability issues to put their determination into action. Summer holidays and warm-weather fun have this aura of harmlessness about them yet there is much we could do to protect the environment - and our health, while relaxing. The objective of the workshop is to help participants apply their awareness of sustainability to their summer activities and fun, and come away with concrete ideas to live more sustainably.

OR take both of the above workshops for **\$30**

WHAT WE MAKE AND DO

Facilitator: Jeannie Corsi
Tuesdays, March 23, 30, April 6, 13, 27, 7 to 9pm
Fireside Room
\$5 per session or \$20 for the whole series

The amazing and sometimes surprising interests and talents of U.C.V. artists, musicians and writers are showcased in this five session course. On various Tuesday evenings of the course, participants will share the journey of a composer creating an opera, design and make a sand Mandala together, discuss the roles of inspiration and process in creativity to name just some of the subjects to be presented and explored. Add your artistic voice as a presenter and as a participant with others in our church community!

Please contact Jeannie Corsi
(nichorsi@interchange.ubc.ca) for further details.



MAKE LIGHT WORK

Facilitator: Kate Sutherland
Saturday, April 24th, 9:30 to 4:30pm
Budny/Socinus room
\$105 (subsidies available)
(Bring a bag lunch)

Come learn simple, practical "inner work" tools relevant to all areas of your life. This experiential course introduces quick ways to check intuition, set energy, make decisions, and gain insight into challenges. Access the power of your inner wisdom and creativity to "make light work" in your life.

OTHER COMMITTEE'S PROGRAMS:

DAYTIMERS - Meets the 2nd and 4th Thursdays of the month beginning Sept. 24th. Morning and afternoon programs; meet at 11am in Fireside room

COVENANT GROUPS - Coordinated by Marg Fletcher, these small groups meet monthly to discuss a spiritual

topic chosen by Rev. Epperson. An excellent chance to meet new people in the church! The groups are disbanded at the end of the church year and formed anew each fall. Call the office to get on the list. (604) 261-7204

ENVIRONMENT COMMITTEE - meets on the second Sunday of the month, 12:30 in the Boardroom. This year - focus on international Climate Change, as well as on greening our church, our homes, and our lives: food, getting around, and our buildings.



SACRED CIRCLE DANCE

2nd and 3rd Mondays, 7-9pm
Hewett Centre Hall, by donation
On the 2nd Monday come and learn the steps and get to know your fellows to a wide variety of dances. The 3rd Mondays will focus on UU worship through circle dance.

REFUGEE COMMITTEE - meets monthly on the third Sunday of the month. New members are welcome. The committee also does fundraising lunches twice a month.



CIRCLE DINNERS - rotating monthly set of dinner parties for UCV; groupings and hosts change each month so you'll meet a new set of people each month. Contact circledinners@shaw.ca for more information or to sign up.

BOOK CLUB - meets the first Sunday of the month in Budny at 12:30pm.